VOLUNTEER PROGRAM “VIVIMOS, SERVIMOS”

PROJECT NAME: STRENGTHENING OF INTEGRAL DEVELOPMENT PROMOTION OF THE BOY, GIRL, ADOLESCENT, ADULT, AND ELDERLY PEOPLE IN CEDIF “PAMPLONA ALTA” - SAN JUAN DE MIRAFLORES - LIMA.
ID: 205168-13-PE-2017 - 2020

PERIOD: 3 years

Responsible of the Project: NGO APRODE PERU
Project coordinator in Lima: Mrs. Gabriela Guillen Hugo
Volunteer coordinator: Mr. Edwin Valdemar Morales Briceño

Project location: Province: Lima/ District of San Juan de Miraflores.

PROJECT SUMMARY

The CEDIF “Pamplona Alta” is an Integral Family Development Center that promotes activities for the personal and social development of population in poverty, extreme poverty, and social risk situation. It provides specialized support and integral protection (food, health, and education) to an average of 400 people among girls, boys, adolescents, adults, and elderly people in physical, moral, and material abandonment situation. It works with a differentiated intervention methodology by age, sex, and psychological profile of each user.

Its purpose is to achieve an appropriate and sustained family and social reintegration. To achieve it seeks to strengthen the family unit through actions that promote the social emotional development and the communication and positive interaction among its members.
The service in the CEDIF “Pamplona Alta” is the responsible of the specialized staff, conformed by a technical team (director, administrator, social worker, psychologists, doctors, physical therapy, mentors, and foster mothers), who work to develop abilities and skills of girls, boys, adolescents, adults, and elderly people, furthermore they stimulate the values; in conclusion, they prepare them to face the challenges.

Community Family Centers (CCF) which are responsible of the CEDIF “Pamplona Alta”:

- CCF. Señor de los Milagros
- CCF. Corazón de María
- CCF. María de los Ángeles
- CCF. Minas 2000
- CCF. Alborada
- CCF. Niño Jesús
- CCF. Las Américas

Lines of Actions:

- Human Development
- Family Integration
- Training for the income generation

Social Problem of the Project:

- Boys and girls who were abandoned in early age.
- Adolescent, adult, and elderly people who were abandoned in poverty and extreme poverty risk situation in Lima.
VOLUNTEER PROGRAM “VIVIMOS, SERVIMOS”

Social Problem Causes of the Project:
- Lack of a social protection network ensuring the service to the most vulnerable social groups in poverty and exclusion condition.
- Lack of appropriate systems development of prevention, promotion, and support, and protection of children and adolescents, especially those people in social risk situation. Lack of awareness of civil society and community in the active participation of service, and support to the population in risk or abandonment; and development of actions on behalf of reduction and prevention of domestic and sexual violence.

Aimed to benefit:
Children and Families in poverty and social exclusion risk situation.

We promote the development and practice of values in the volunteer service and development of activities with the population.

Working Areas:
- Day Care Service
- Adolescent Promotion Service
- Elderly People Service
- Temporary Soup Kitchen Service

ACTIVITIES TO DEVELOP BY THE VOLUNTEER:
Day Care Service: (aimed to boys and girls from 06 months to 11 years old)
- Developmental learning skills
- Psycho-educational orientation
- Academic reinforcement
VOLUNTEER PROGRAM “VIVIMOS, SERVIMOS”

- Formation of positive habits
- Promotion of values and rights
- Sport and Recreation
- Training and creativity workshops
- Food education
- Nutritional vigilance
- Balance diet (breakfast, lunch, and dinner)

Adolescent Promotion Service: (aimed to adolescents from 12 to 17 years old)

- Social skills
- Psycho-educational orientation
- Manual skills
- Formation of habits and values
- Academic reinforcement
- Formation of positive habits
- Sport and recreation
- Promotion of values and rights
- Food education
- Nutritional vigilance
- Balanced diet (breakfast, lunch, and dinner)
- Evaluation of weight and height
- Educational sessions of balanced and nutritional diet

Elderly People Service: (aimed to people from 60 years old to more)

- Occupational Therapy
- Self-esteem workshops
VOLUNTEER PROGRAM “VIVIMOS, SERVIMOS”

- Literacy
- Fitness maintenance
- Balanced diet (breakfast, lunch, and dinner)

Administrative support service:

- Filling out sheets of beneficiaries
- Management of notebooks: schedule of activities, attendance notebook, notebook of anecdotes,
- Management of activities schedule
- Development of materials for decorating classrooms in special dates
- Daily information about the users’ attendance

Volunteer Profile:

- To be of legal age.
- Students and professionals or amateurs in cultural entertainment, teaching, social promoters, workshop facilitators, psychologists, etc.
- Adaptability and ability to overcome new challenges, teamwork, to share responsibilities in the coexistence with a multinational team of volunteers.
- Basic /intermediate knowledge of the Spanish language.
VOLUNTEER PROGRAM “VIVIMOS, SERVIMOS”

Team that will work with volunteers:

Director of the Center: Lic. Daniel Doria Barba
Administrator: Lic. Martha Santillan Alarcon

Modalities:

Starting date: 30/07/2017
Ending date: 12/31/2020
Hours of volunteer work: 8 hours/ from Monday to Friday /2 days to relax (Saturday and Sunday)
Workplace: “Pamplona Alta” Integral Family Development
Address: Av. Central S/N Sector Alfonso Ugarte – Pamplona Alta
No. required volunteers: 8