ID: 205168-4-PE-2017 - 2020

PERIOD: 3 years

Responsible of the Project: NGO APRODE PERU
Administrative coordinator in Lima: Mrs. Gabriela Guillen Hugo
Project coordinator in Chulucanas: Mr. Pablo Emilio Garcia Benites

Project location: Bernal District, Sechura Province, Piura Region.

PROJECT SUMMARY

Objective:

To develop Prevention Programs – Promotion, Training, Integral Care, and Treatment of highest quality; for all these patients who are prone to suffer locomotor system disorders and that live in poverty and extreme poverty situation.

Screening campaigns, informative talks, rehabilitation programs, home visits and care activities in physiotherapy especially in orthopedics, orthopedic surgery, neurology, and pneumology will be provided in the service. All of these are aimed to the recovery of any locomotor system disorder that patients may present, making it in an efficient way to reintegrate them to their occupation and daily work activity.
The CBR Program (Community Based Rehabilitation) is a model that seeks to articulate not only the medical participation but the effort of the person with different skills (disability), his/her family environment and of the own community to facilitate the rehabilitation process with the quality life improvement.

To seek the multidisciplinary intervention (doctors, physiotherapists, nutritionists, psychologists, etc.) and the multisectoral intervention (health, education, work, municipality, etc.).

Social Problem of the Project:

- Disability rates in Peru vary in 8.7 % according to the last continuous survey performed in the framework of the NACIONAL CENSUS 2006-2007 made by INEI (National Institute of Statistics and Data Processing), to 13.08 % according to the data issued in 2007 by the STUDY SPECIAL COMMISSION OF THE CONGRESS OF THE REPUBLIC ABOUT DISABILITY PROBLEMS.
- In addition, INEI indicates that larger population of disabled people is in Lima with 10.9 %, and with a smaller population in the rural provinces with 8 %, and urban provinces with 7.6 %. Also, the Congress of the Republic indicates 81.19 % of disabled people who have never received rehabilitation, being the greater part of this population that lives in poverty and extreme poverty situation.

Social Problem Causes of the Project:

- High index of disabled people without service and rehabilitation who are in poverty situation and do not have financial resources.
- Lack of health professionals in physiotherapy, language therapy, psychologists, and health promoters.
- Discrimination
- Social intolerance
VOLUNTEER PROGRAM “VIVIMOS, SERVIMOS”

Aimed to benefit:
- Children and adolescents from 0 to 17 years old.
- Young people from 18 to 28 years old.
- Adults from 29 to 60 years old.
- Elderly people from 61 to 90 years old.

Project location:
Association of disabled people called “Abriguemos corazones con esperanza” (“Let’s Wrapping up Hearts with Hope”) of the same Bernal District.

Working Areas:
Education/Health

ACTIVITIES TO DEVELOP BY THE VOLUNTEER:
- To perform preventive-promotional campaigns about locomotor system disorders.
- To reeducate and/or rehabilitate to the person with physical-functional disability.
- To train to the disabled people and/or relatives, in functional activities that promote the improvement and/or maintenance of the disability.

Methodology: These shall be performed through:

Campaigns: Its purpose is to detect and/or prevent postural and growth disorders that may present the school age children. These activities will be performed, giving physiotherapeutic evaluations to children in school or other institutions; at the same time, children with locomotor system disorders will be invited to participate in the programs that will be provided in the service.
Screening campaigns of postural disorders.
Screening campaigns of psychomotor development retardation.

Informative talks:
Its purpose is to inform and guide teachers, relatives, and mentors of children about the locomotor system disorder and psychomotor development retardation of these most common disorders found in campaigns.

Programs:
It is characterized for the group care of people with similar disorders, in order to benefit a larger number of people with locomotor system disorders.

Early Stimulation Programs:
Its purpose is to guide or teach to mothers the stimulation, prevention, and monitoring of the psychomotor development of their children from 0 to 2 years old.

Postural Disorders Program:
Its purpose is to do exercises of postural correction and, in this way, to benefit people with locomotor system disorders.

Elderly People Program:
Its purpose is to benefit elderly people with locomotor system disorders, doing prevention, maintenance, and improvement exercises of the body.
VOLUNTEER PROGRAM “VIVIMOS, SERVIMOS”

Special Sports Program:
Its purpose is to benefit people with motor and intellectual disability for its rapid social integration and recreation, by means of sport activities that promote the improvement of its disability.

Home visits:
Its purpose is to benefit people with disabilities or locomotor system disorders from moderate to severe, giving it services of rehabilitation at home. People, who will have this type of service, will be those that present a disability or that cannot mobilize to service of Physical Therapy and Rehabilitation; or for its economic situation.

Care activities:
Its purpose is to look after and benefit to each person individually, with any locomotor system disorder, which shall be considered as necessary by the health specialist to get an early improvement.

Volunteer Profile:

- To be of legal age.
- Students, professionals or amateurs in psychology, physical therapists, hearing and language therapists, specialized teachers with inclusive educational studies, cultural entertainers, social promoters to work with families, workshop facilitators, neurologists, etc.
- Adaptability and ability to overcome new challenges, teamwork, to share responsibilities in the coexistence with a multinational team of volunteers.
- Basic/Intermediate knowledge of Spanish language.
VOLUNTEER PROGRAM “VIVIMOS, SERVIMOS”

Team that will work with volunteers:

Responsible of the Project (Mentor): Mrs. Susan Loro Alban, Work team of Aprode Peru.

Modalities:

Starting date: 30/07/2017
Ending date: 12/31/2020
Hours of volunteer work: 8 hours/ from Monday to Friday/ 2 days to relax (Saturday and Sunday)
Workplace: AA.HH San Francisco of Bernal District/ Association of disabled people “Abriguemos corazones con esperanza” (“Let’s wrapping up heart with hope”) of Bernal district.
Address in Bernal: Calle Comercio 420 – Bernal
No. required volunteers: 4