VOLUNTEER PROGRAM “VIVIMOS, SERVIMOS”

PROJECT NAME: STRENGTHENING OF INTEGRAL PROMOTION ACTIVITIES OF ELDERLY PEOPLE – HOME “MADRE CELINA DEL NIÑO JESÚS” – ABANCAY – APURIMAC.
ID: 205168-9-PE-2017 - 2020

PERIOD: 3 years

Responsible of the Project: NGO APRODE PERU
Coordinator in Lima: Mrs. Gabriela Guillen Hugo
Volunteer Coordinator: Mr. Edwin Valdemar Morales Briceño

Project location: Province: Abancay / Apurímac Region

PROJECT SUMMARY:

The Home “Madre Celina del Niño Jesús” is home to 100 elderly people who live in poverty condition and have been abandoned by their families.

This Home is in charge of Diocesan Social Work which is led by the “Hermanas Carmelitas” Congregation since 1968.

The Home offers an integral care to its beneficiaries, giving them food, housing, medicine, health, cognitive stimulation, physical therapy, chiropractic and psychological counseling, and others.

Objective:
To develop activities for recreation and stimulation as well as improve the self-esteem of elderly people. This Home offers a disinterested service by giving love to each of users.
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Lines of Actions:

- Human Development
- Social and familiar integration

Social Problem of the Project:

- There are many elderly people who were abandoned and live in poverty condition.

Social Problem Causes of the Project:

- The State and local government do not support this Home. Its budget is limited and it only receives donations from caring people.
- Lack of professionals in different areas: therapists, doctors, nurses, psychologists and nutritionists for the strengthening of their activities.
- Lack of an appropriate program for psychological support of elderly people.

Aimed to benefit:
To elderly people.

Working Areas:

- Training for caring of elderly people.
- Psychology
- Workshops and/or recreational activities for elderly people.
- Care service for elderly people (breakfast, lunch and dinner)
- Recreational and sport activities.
- Physical and language therapy for elderly people.
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ACTIVITIES TO DEVELOP BY THE VOLUNTEER:

- To stimulate the self-care in elderly people
- To support to staff in the alimentation of elderly people
- To evaluate to each user and determine its state of physical and mental health to give them an appropriate care.
- To stimulate creativity and develop skills in art, drawing, music, singing and dance.
- To participate in physical activities for body maintenance of elderly people.
- To participate in recreational activities.
- To keep psychological reports updated

Volunteer Profile:

- To be of legal age.
- Students, Professionals or amateurs in cultural entertainment, teaching, social promoters, workshop facilitators, etc.
- Adaptability and ability to overcome new challenges, teamwork, to share responsibilities in the coexistence with a multinational team of volunteers.
- Basic/Intermediate knowledge of Spanish language.

Team that will work with volunteers:

Director: Nun Mercedes Bravo Donayre
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Modalities:

Starting date: 30/07/2017
Ending date: 12/31/2020
Hours of volunteer work: 8 hours/ from Monday to Friday /2 days to relax (Saturday and Sunday)
Workplace: Av. Arenas Nro. Sn (Frent Parque Micaela Bastidas Carmelitas)
No. required volunteers: 8