ASTOVOT LMTV PROGRAMME 2019-2020

"Together we can do better for a local and participative development."

ASTOVOT

With more than 50 years of experience in offering international volunteering services, especially in the field of worldwide intercultural exchange between young people, we are proud to offer different mid- and long-term volunteer projects (from 1 to 12 months) in Togo. Most of our projects are related to community development by promoting education, health, environmental actions and intercultural learning. Our projects are open to everyone who has a certain knowledge and relevant skills linked to the mission, who is keen on broadening her/his experience and who wants to contribute her/his special professional know-how.

On the basis of giving and receiving we believe in human solidarity and our supreme mission: “Talk to each other to improve recognizing each other, recognize each other to improve exchanging, exchange to improve understanding, understand to improve completing our personalities.”

THE PROJECTS:

L-MTVASTO 1: SUPPORT FOR THE COORDINATION TEAM AT ASTOVOT NGO OFFICE

L-MTVASTO 1.1: COORDINATION OF PROJECTS ASSISTANT

The volunteer’s main task is helping with the management of the organization’s projects: elaboration of any new ones, preparation, fundraising, realization, following up and evaluating them when finished. Also sustaining the local partners and the other volunteers through their contribute to the community development is something included in the role.

Aims:

- Helping the ASTOVOT coordination staff with their daily activities;
- Elaborating and handling projects for the community development;
- Promote the International volunteering.
Tasks to accomplish:

- In order to elaborate and develop the above mentioned projects, the volunteers have first to lead a deep investigation on the location and the eventual problems that could come up during the realization;
- Preparing the projects’ description and dossier;
- Fundraising research;
- Keeping track of all the activities and tasks to finalize;
- Realizing the projects and following it up;
- Supporting and then evaluating the international volunteers;
- Managing the relations with the partnerships;
- Writing reports;
- Understanding the needs in terms of the volunteers’ training and eventually propose new activities;
- Educational entertainment activities with the volunteers;
- Taking part in the development of the yearly action plan.

Required skills:

It would be useful if you have already some experience in project management. Some knowledge of the fundraising processes would be an asset.

The volunteer has to be flexible and able to travel independently. Some English, informatics and basic accounting skills would be appreciated.

A previous experience in International workcamps or in a volunteering organization would be another asset.

Location: Kpalimé

When: All year round

L-MTVASTO 1.2: COMMUNICATION ASSISTANT

The volunteer’s main task is taking care of the organization’s external communication in order to promote its activities at the best.
This will include the following assignments:

- Providing information about the organization;
- Being at disposal, advising, guiding actual volunteers or eventual ones;
- Taking part at the training process;
- Connecting people and organizations through PR activities;
- Realizing a network around ASTOVOT.

**Aims:**

- Increasing the visibility of the organization’s activities by all the people and the volunteering partners that could be involved;
- Following up constantly the volunteers’ actions in order to make them visible;
- Making sure that the relevance of the organization’s work is well known.

**Tasks to accomplish:**

- Developing the communication’s channel;
- Managing the social networks of the ASTOVOT ONG: collecting, handling and updating all the information pertaining the activities, which have to be promoted;
- Editing the newsletter to be sent to the partners once every two months;
- Supporting the preparation of the projects’ dossiers to be used while looking for partners’ funding;
- Translating documents from French into English;
- Supporting the social exchanges among the people and the volunteers in terms of communication issues;
- Writing reports or other documents for the ASTOVOT coordination staff;
- Updating the yearbook with the national and international volunteers;
- Supporting the entertaining activities of the organization.

**Required skills:**

The knowledge of the communication processes is required, as well of a good command of all its tools, channels and IT applications.

Demanded is also some experience in handling the social networks (eg: Facebook).

Some fundraising knowledge would be an asset.

Curiosity, flexibility, availability, proactivity and being open minded complete the profile.

**Location:** Kpalimé

**When:** All year round
The following types of projects are available:

- **L-MTVASTO 2.1: SOCIAL AND EDUCATIONAL ACTIVITIES WITH CHILDREN IN KINDERGARTEN;**
- **L-MTVASTO 2.2: SOCIAL AND EDUCATIONAL ACTIVITIES WITH MENTALLY HANDICAPPED CHILDREN AND TEENAGERS AT THE ENVOL CENTER;**
- **L-MTVASTO 2.3: SOCIAL AND EDUCATIONAL ACTIVITIES WITH DEAF AND MUTE CHILDREN AND TEENAGERS AT THE VIVENDA CENTER**

**Objectives:**
The different types of middle and long term projects are initiated by ASTOVOT in partnership with the kindergartens, the center of ENVOL and VIVENDA to:
- Overcome the lack of teaching staff
- Introduce the children and the staff members to another culture in order to profit from the cultural exchange and to improve the education of the children thereby

**Activities:**
The volunteers will participate in all the activities of the center:
- Helping teachers to supervise children during the various activities,
- Working with children in the different workshops: modeling and fabrication of various objects, collage and drawing, games, chat, music and dance, stories and songs;
- Promoting artistic and cultural activities;
- Assisting teachers in their daily work with the children;
- It is also possible to develop a joint program with the teachers;
- The volunteers are also invited to present typical cultural aspects of their country: songs, dances, games and more.

The working time is six hours (6) per day.

**Qualification of the volunteer:**
For this project, a qualified specialist such as psychologist, skilled educator, speech therapist, social worker, physiotherapist, a skilled teacher is highly desirable.

This project is however also open to any volunteer who loves to listen and communicate patiently with children.
Project period: October to July

Training of the volunteer: 3 days

Note: Manuals, gadgets or any educational materials can be brought if possible.

**L-MTVASTO 2.1: SOCIAL AND EDUCATIONAL ACTIVITIES WITH CHILDREN IN KINDERGARTENS**

With the free school fees (tuition) in the public primary schools of Togo, the kindergartens of the Plateaux Region experienced an increasing number of children aged from 2 to 5 years. The number of pre-school teachers, however, decreases from year to year and available teachers are extremely busy. This project will therefore partly reduce the work of the teachers through assistance of international volunteers.

Depending on the specific needs and requests, the volunteers will work in the kindergartens where the assistance is essential.

Target Population: Children at the age of 2 to 6 years
Location: Kpalimé

**L-MTVASTO 2.2: SOCIAL AND EDUCATIONAL ACTIVITIES WITH MENTALLY HANDICAPPED CHILDREN AND TEENAGERS AT THE CENTER OF ENVOL**

Children with intellectual disabilities are often marginalized and rejected by society, regarded as a burden or a curse to their family. The primary objective for these associations is to facilitate the
integration of handicapped children by providing school education and later professional training, according to the skills of the child. These centers are trying to improve child conditions and allow him/her to live as independently as possible.

It is shown that these children benefit from a good education and training which will ensure them a better future. This project is open to anyone accepting the particularity of these children and being devoted to their cause.

Target Population: Children living with a mental disability

Location: Kpalimé

L-MTVASTO 2.3: SOCIAL AND EDUCATIONAL TRAINING WITH DEAF-MUTE CHILDREN AND TEENAGERS AT THE CENTER OF VIVENDA

The center of Vivenda Kpalimé was established in 2003 to support deaf-mute children and teenagers by providing them with formal education and vocational training.

An educator provides training for these children who are divided into different grades of elementary school. The only educator available is overloaded, because each child has his/her own particularity. Moreover, the lack of adequate financial resources leaves deaf-mute children on their own. The center has tremendous needs: it lacks specific educational materials, there are problems with the accommodation for the children and a decrease in the number of children because of school fees is noted.

ASTOVOT, which aims to promote popular education, wants to support, assist and provide all children, without any distinction, with basic education. A former ASTOVOT volunteer worked for three months at the center and it was of enormous value, not only for the educator, but also and especially for the children who have shown particular enthusiasm in the courses.

Target population: Children living with a hearing disability

Location: Kpalimé

L-MTVASTO 3: ASSISTANT TEACHERS OF PRIMARY AND SECONDARY SCHOOLS
The following types of projects are available:

- **L-MTVASTO 3.1:** French teacher and responsible for extracurricular activities;
- **L-MTVASTO 3.2:** English teacher and responsible for extracurricular activities;
- **L-MTVASTO 3.3:** German teacher and responsible for extracurricular activities;
- **L-MTVASTO 3.4:** Mathematics and Physical Sciences teacher and responsible for extracurricular activities;
- **L-MTVASTO 3.5:** Arts teacher and responsible for extracurricular activities;
- **L-MTVASTO 3.6:** Music teacher and responsible for extracurricular activities;
- **L-MTVASTO 3.7:** Professor of Sport and responsible for extracurricular activities;
- **L-MTVASTO 3.8:** Support /guidance and assistance of blind people at the Protestant College

**Objectives:**
ASTOVOT, aware of the negative impact of the lack of teachers and the large number of students, supports the government efforts to provide students with better educational conditions. By this means, ASTOVOT has initiated this type of long-term projects in order to:

- Enable effective assistance to students during their studies;
- Explain poorly understood chapters and complete unfinished agendas;
- Initiate with them a method of studying for an adequate preparation for their exams at the end of the school year;
- Increase the success rate of the students

Volunteers are invited to bring any documents that can serve them. Notions of hygiene and health, appropriate lifestyle (sleeping, eating ...), a knowledge of the body (growth, organ function, nutrition, physical activity, smoking, alcohol) and personal hygiene are associated with the project (if possible), especially for elementary students. Children will be encouraged to discover harmful and beneficial behavior to their health, recognize the limits of their bodies and adopt a healthy lifestyle

**Target Population:**

- **Primary:** students of both sexes between the age of 6 to 11
- **College:** students of both sexes between the age of 12 to 15
- **High School:** students of both sexes between the age of 16 and 18

**Note:** Given the high rate of students who have to repeat a school year in the Togolese education system, students with a higher age than the school-age population might be found on every level of education.

**Training of the volunteer:** 5 days

**Note:** Volunteers will support students in Mathematics, Physics, English, French or German in private, public and community schools. German courses are given at a Senior Secondary School and the volunteer needs a Master Degree.

**Activities:**
The volunteer is placed in a school. S/he will do an internship with a teacher to get acquainted
with the country's educational system and assist the teacher in her/his work.

Then, S/he:
- Prepares courses in collaboration with a teacher and organizes support classes in accordance with existing programs in the country for a better supervision of primary and secondary school students
- Helps the teacher to correct copies of the students,
- Guards students during the various assessments (written tests, practice tests, final examinations)
- Promotes extracurricular activities in clubs: drawing, drama, English, German and reading

The volunteer works approximately six (6) hours per day, depending on schedules. S/he will teach in the subject of her/his choice, must enjoy working in a team and stay tuned for the students. Extra-curricular activities are encouraged.

**Qualification of the volunteer:**
- For primary school: specialized training is desirable.
- For the college, a Bachelors Degree or equivalent training is required.
- For high school, a Master’s Degree or equivalent training is required.
- For the support / guidance of the blind, the volunteer should have working knowledge of Braille or have the desire to work with the blind and learn Braille.

**Note:** However, this project is also open to every person having a minimum of knowledge which can be shared with the students.

**Subjects:** Languages (English, French, German, Spanish), drawing, music and sports, mathematics and physical sciences;

**Location:** Kloto and Agou,

**Period:** October to June

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**L-MTVASTO 4: MOBILE LIBRARY IN SCHOOLS AND ORPHANAGES**

If you love reading and you believe in sharing your knowledge, then you are the volunteer we are
looking for. In order to be able to take part in this project, we need you to feel at ease in a library, with books and writing and, of course, to be willing to spread your passion for the books. Our aim is encouraging the reading and providing the children with all the tools they may need during their studies and, more generally, life.

**Aim:**
– Deepen the students’ interest in reading and develop their skills;
– Encourage the schoolchildren to read more;
– Ensure that reading becomes an actual educational tool, a tool useful for researching, having success, being independent and developing themselves;
– Promote the books and the library in the society.

**What to do:**
You will take part in all the activities with the children: book club, traveling library in the village facilities and any other activities you can think of and organize. Interesting proposals are welcome! Moreover, you would be a valuable help in all the daily tasks pertaining to the traveling library: books’ restoration, records management (lending, reader cards, etc.) or meeting the local authorities to organize an event.
You can also help with the training of other volunteers, in order for them to improve their work: training for the extracurricular activities entertainers, IT support or else.

**Required skills:**
There are not any specific skills.
Willingness to learn and being ready to help in all the activities are two conditions, as well as the know-how that you got from your education: you are used to read, you are enthusiastic about books, libraries and novels and you are able to look for information in the encyclopedia.

**Location:** Kpalimé

**When:** from early October to July

*LMVASTO 5: GAMES AND CINEMA FOR NEIGHBOURHOOD CHILDREN, SCHOOLS AND ORPHANAGE*
The Games and cinema project is an initiative of a Belgian couple. This project is set up to promote the development and fulfilment of the children. Every day, this project attracts many children and adolescents to the animation places. This project is open to volunteers who have the skills and willingness to work with children and can accept their peculiarities.

**Objective:**
The objectives of this project are to:
- Allow the child to have pleasant, enriching and motivating moments of leisure through social games and film projection;
- Allow the child to build and develop both cognitively and emotionally through social games;
- Develop the creativity and imagination of the child;
- Promote awakening, discovery, and learning through the practice of games and reflection in the face of a film;
- Helping the child to clearly distinguish fiction and reality
- Provide a place of expression and listening without judgment
- Teaching the child the rules and respect of other players

**Tasks to accomplish:**
The volunteer will work with a local volunteer. The work consists of animating, accompanying and coaching groups of children during games or film workshops;
The volunteer plans and prepares with the local volunteer the space for games and or film projection.
It’s about giving the kid a taste for the game, teaching one how to watch and discovering the game tactics.
It is also about giving the adult the opportunity to observe the child’s steps, difficulties and possibilities during the game, to have a moment of relaxation and to discover that game, far from being a waste of time, is an excellent means of learning (personal and social learning): to observe, to choose, to memorize, to give one’s opinion, to wait one’s turn, to accept the other.
Helping children to clearly distinguish fiction and reality. Awareness of the fact that a film is the result of a construction, that the children propose a point of view on the reality, an interpretation of the reality, but that they do not get confused in any way with the reality.

**Required skills**
No specific qualification required
The proposed mission is accessible to anyone who is motivated and interested in working with children. Being able to work as a team, but also be self-sufficient. Have a positive attitude
Be flexible and patient.
But any particular qualification, expertise or support is an added value to the project.

**Place:** Kpalimé
**Project period:** All the year
Despite the evolution of computer use, access to this communication tool is still very limited in Togo’s universities, schools and colleges. A large majority of Togolese pupils and students are not introduced to the use of the computer tool. This becomes a real handicap in their academic or university curricula and the development of society.

Concerned, ASTOVOT wants to set up for the profits of pupils and new baccalaureates of the municipality of Kpalimé a simple and practical introductory courses in computer science and the Internet.

This computer literacy project is open to any volunteer who has a basic knowledge of computer science and wants to pass it on to young Togolese.

**Objective:**
The objective of this project is to:
- Learn how to use the computer and its accessories;
- Promote the use of the computer tool by organizing basic training in theory and practice;
- Discover the Internet, search engines, web browsers;
- Using email (sending and reading messages) and social networks;

**Tasks to accomplish:**
The volunteer will work as a team with an employee of the association.
The work will consist of preparing and teaching students how to use a computer and its software, and educating students on the importance of New Information and Communication Technologies (NICT) in personal and societal development.

**Target Population:**
- College: students of both sexes between the age of 12 to 15
- High School: students of both sexes between the age of 16 and 18

**Required skills:**
This project is open to any volunteer available and motivated with a minimum of computer literacy that one can transmit. Volunteers must love teamwork and have a taste for human and intercultural relations.

**Things to bring:**
The volunteer can bring one or more laptops to compensate for the lack of computers needed for the training. Any computer hardware available and required for training (USB stick, external hard drive, CD, computer document, etc.). This is by no means an incentive to buy, not to ruin you. Don’t feel uncomfortable if you don’t have anything to bring.

**Place:** Kpalimé
**Project period:** All the year

### L-MTVASTO 7: SUPPORTING ORPHANAGE STAFF

The orphanages accommodate children in need and children, who have lost their parents and find themselves in a difficult and desperate situation.

Aim of the project is to improve the care and education of socially disadvantaged children in order to increase their future living conditions.

**The volunteer’s mission:**
It consists in supporting the orphanage staff with fulfilling their duties, which always demand a huge amount of attention and operational readiness. Due to the lack of money, there’s not enough orphanage staff. So the children’s needs cannot be satisfied adequately. That’s the reason why voluntary work is absolutely necessary.
The orphanage has survived until today only thanks to generous donations.

**Activities:**
The volunteer will assist the orphanage staff with their daily tasks, as for example:
- Take care of the children in their daily life: food, clothing, hygiene
- Take time to listen to the children, to encourage them and to restore hope
- Organize games as well as literacy and development activities
- Realise educational activities
- Organize trips
• Stimulate the children’s development

Note: The volunteers don’t need any special qualification to bring their humanitarian help to these unfortunate children.

Training of the volunteer: 3 days
Location: Kpalimé
Period: The whole year.

L-MTVASTO 8: COORDINATION ASSISTANT OF GARDERING AND PROJECTS OF ENVIRONMENTAL EDUCATION

This project aims at associating the practical gardening and environmental education for a sustainable development in order to sensitise our basic communities in understanding and conservation of our environment.

The project consists of proposing workshops of educational gardening, agroecologic and therapeutic for our public, in particular the Togolese volunteers and the pupils of primary and middle schools of Kpalime. Indeed it provides a framework opening out to discover, listen to, exchange, experiment and take initiatives.

Mission: within the framework of his mission, the volunteer will assure with the person in charge of environmental education:
1- Assistant coordination of the activities of the gardening and environmental education
2- Maintenance of ASTOVOT educational garden
3- Animation workshops of gardening and environmental education for a sustainable development

1- Assistant coordination of the activities of the gardening and environmental education

Objectives:
✓ Support the coordination of sustainable environment projects led by ASTOVOT
✓ Help to develop the actions with the school partners

Activities:
➢ Co-definition of new projects of gardening and environmental education for a sustainable development, schedule and appointment setting
➢ Management of partnerships
Follow-up and assessment of projects
Feed the blog of the association
Creation, adaptation and diffusion of the tools for animation
Realisation of teaching cards

2- Maintenance of ASTOVOT educational garden

Objectives:
✓ Assure the installation of a teaching garden which must be used as a place of exchange, education and experimentation in production of biological vegetables and sustainable development
✓ Take care of the organic garden, prepare the ground, sow grains, spray plants, weed herbs and harvest
✓ Produce fertilisers and natural pesticides

Activities:
➢ Ecological Maintenance of the cultures
➢ Installation of new cultures
➢ Various works

3- Animation of workshops of gardening and environmental education for a sustainable development

Objectives:
✓ Accompany the creation of ecological gardens with the children
✓ Co-create projects of animation around the ecological garden and environmental education for a Sustainable development for children
✓ Sensitise the children on environmental understanding through playful and educational games
✓ Develop know-how and conscience by performing collective activities

Activities:
➢ Co-create groups of children in the educational gardens
➢ Use playful educational tools for environmental education
➢ Teach the children the techniques of ecological gardening

Qualification
There is no specific knowledge or manual dexterity required. Important is the motivation and the joy of contributing to improving the environment.
The proposed mission is accessible to every person motivated, interested and sensitized to the environment, particularly for the animation "garden and nature" with children.
It is considered to know how to work in a team, but also to work autonomously, just as being flexible and patient.

Note: To make the execution of the project easy, we recommend that you bring work globs, caps for the sun or any materials related to the cleaning of the neighborhood.
The volunteer can bring vegetables seeds: lettuce, cabbage, parsley, onion, tomato, beet, carrot, spinach, eggplant, radish, zucchini... And seeds of flowers

Training of the volunteer: 3 days
**Location:** Kpalimé  
**Project period:** All the year

### L-MTVASTO 9: SUPPORT TO HEALTH STAFF IN HEALTH CENTERS

This project was initiated in response to requests made by the directors of the social health center in Kpalimé, namely the health center "Solidarity", the new health center of Zomayi, and other health centers in the district of Kloto.

### Objectives:

The project aims are:
- Overcoming the lack of health staff,
- Making the health centers benefit from external skills and know-how,
- Providing international volunteers with a field of learning or enhancing skills in tropical medicine.

### Target population:
- Medical staff
- Local population

### Activities:

The volunteers will help the staff to treat and assist patients. The centers have laboratories for analysis, health and maternity services where they can work in different fields of medicine. They will participate in:
- Consultations of patients and pregnant women (prenatal)
- Minor surgery for minor accidents
- Weighing of children,
- Vaccination,
- Family planning sessions,
- Biomedical Analysis

### Qualification of the volunteer:

Training in the health field is desirable. For specialists (midwives, nurses, laboratory assistant) in health or students who want to have the knowledge and skills in tropical medicine, this project is strongly recommended.
Anyone wishing to do an internship, assist or serve as a caregiver can be admitted.

**Training of the volunteer:** 3 days  
**Location:** Prefecture of Kloto and Agou

**Note:** The volunteer can work in other community health centers in the districts of Agou Danyi or Kloto.

**Project period:** The whole year  
**Note:** The volunteer can bring medical materials (consumables and non-consumables)

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**L-MTVASTO 10: SUPPORT TO THE STAFF OF THE TOMEGBE GIRLS YOUTH CENTRE**

**Promotion of the girls’ education**  
This project wants to promote the education of the girls of the General Education High School (Collège de l’Enseignement Général - CEG) in Agomé-Tomégbé, through supporting courses in English and French, creating and entertaining members’ clubs for all the college girls and organizing educational conferences.  
Since 1999, the Action Raven Abra association encourages the education of the young girls of Tomégbé, after noticing how big was the educational gap between them and the same age boys. Indeed, in a group of ten girls in the first year of “college” (12 yo), only three were able to finish it (at 15 yo). There are several reasons: families’ financial priority to give education to the boys, lack of time for the homework because the Tomégbé girls have to do the housekeeping, early pregnancies, etc. Such a project was really necessary in order to support these girls. For this purpose, a youth centre for girls was built to give the CEG young women the chance of working together and have a meeting point.

**The centre includes:**  
- A big multifunctional room used as study-, cultural activities and meeting room;  
- a library with 1500 schoolbooks and books;  
- a computer room;  
- 3 residency rooms, which can host 12 girls. 7 additional rooms will be built in the future.

**Aim:**  
- Assist the director of the centre in the social educational animation activities and leisure activities;  
- Increase the success rates of the girls
- Encourage the girls of the centre to evolve in their studies

What to do:
You will be in charge of the extracurricular entertainment in the youth centre:
1- Supporting courses in English
2- Creating and entertaining members’ clubs for all the college girls:
   - Informatics Club,
   - Sport Club,
   - Theather and music Club,
   - Cinema Club
3- Organising a conference once a month
4- Organising other activities for the centre

Required skills:
This project is open to all the motivated female volunteers willing to share their knowledge with the young girls of the centre and the school.
You have to be a team player and be available to assist the girls of the youth centre.

When: from early October to July (during the school year in Togo)

Location: Agomé Tomégbé
The village of Agomé Tomégbé has around 4000 inhabitants, is located 15 km from Kpalimé and 135 km North West from Lomé, the capital of Togo. The majority of its population consists of farmers, which cultivate mainly cocoa, coffee, corn, manioc and yam. Protestantism is the most common religion. In less than half an hour walking one can reach a lush forest with banana, pineapple and avocado trees, orchids, cocoa and coffee plantations. Underneath it is even possible to have a refreshing and invigorating bath under the waterfall! Apart from the General Education High School (CEG), the village offers two primary schools and a clinic.

L-MTVASTO 11: PREVENTION AND ROAD EDUCATION IN SCHOOLS

In Africa, at least 26 people die every hour by traffic accidents, according to the report published by the World Health Organisation (WHO) in March 14th 2017. In Togo the road accidents are the
first cause of death of young people.  
The child is particularly vulnerable, both because of its impulsiveness, and for its physiology. It lives in its world and forgets easily the instructions. Very often, the child underestimates or overestimates the danger and, in a situation of fear, will panic, hesitate and won’t make the good decision.  
The School Road Safety Education is all the more urgent since for the majority of the children and young people, walking and the use of motorcycles remain the main modes of travels in Togo, exposing them to the multiple risks of traffic accidents road.  
Thus it is very important that the young people are educated on the road safety.  
ASTOVOT wants this project of prevention and school road safety education to allow the child, in the traffic, to be able to act, react, adapt itself and manage its answers.  
It is necessary to learn, as pedestrian and cyclist, to develop these capacities and become an actor of the full traffic, responsible for own safety and for that of the others.

**Objective:**
Prevent and educate the children and the young people in the kindergarten, primary and secondary schools on the dangers of the road and the importance to adopt a responsible and respectful behavior;  
Accompany the pupil towards a first road education;  
Allow the pupil to acquire knowledges and social skills concerning the learnings of the road safety regulations;  
Involve taxis-motorcycles schools as relay of raising awareness;  
Set up plans at the level of the schools which are by the road side to help the pupils to cross easily and with precaution the road.

**Tasks to accomplish:**
The volunteer will have a training course before the starting up of the project;  
The volunteer will intervene in schools;  
The volunteer will lean on digital tools to sensitize and mobilize the children and young people in the theme of the road safety;  
The volunteer and the pupils will realize an exposure of photos on good and bad behavior on a road;  
The volunteer and the pupils will realize various panels to sensitize the road-users to the school  
The volunteer will help the schools which are near to the road to set up devices which will help the pupils to cross easily the road when coming to the school and leaving it;  
The volunteer will organize training sessions and workshops on the first aid gestures which save life in schools  
The volunteer will organize with the teachers and ASTOVOT campleaders debates, video projections and stakes scenes to help the pupils in:  
- Capacity of easy movement on the road: move, walk, run, follow a trajectory, a partner; accelerate, cross, stop, balance itself, trot, guide, move away from the center its look.  
- Master behavior: anticipate, act, react, decide …  
- Take initiatives: protect itself, avoid …  
- Be autonomous, manage its efforts and its feelings, control itself …  
- Help, collaborate, alert, help …

**Qualification**
The proposed mission is accessible to every person motivated, interested in the prevention and in the road safety education;
Know how to work in team, but also being autonomous
To have a positive attitude
Be flexible and patient
But any qualification, expertise or particular support is an added value to the project.

**Locality of the project:** Kpalimé

**Target groups:** Children and Youth

**When:** from early October to July (during the school year in Togo)

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**L-MTVASTO 12: ASSISTANCE FOR THE INSTRUCTORS OF THE ARTISANAL CENTRES OF KPALIME**

Willing to promote exchanges in the handicraft domain and trying to valorise the products of local craftmanship, the NGO ASTOVOT sets up a new volunteering programm. It assists the workers of the artisanal centres and the „Collège d’Enseignement Artistique et Artisanal“(Artistic and Artisanal Teaching College) by giving all interested volunteers the opportunity to offer their experiences to the personnel and trainees in the handicraft domain. This project gives also the opportunity to learn and to exchange with them.

If you would like to work in this domain and if you want to convey your talents and creativity, then this project is made for you.

**Objectives:**

- Convey one’s talents and creativity through organised workshops and artisanal productions;
- Learn the local techniques in painting, in ceramics, in creating wooden sculptures, in batik, in weaving „pagne“, in tailoring ...;
- Share one’s passion and live a real artisanal and artistic exchange;
- Discover the african craftmanship;

**Brief presentation of the „Collège d’Enseignement Artistique et Artisanal“ (CEAA - Artistic and Artisanal Teaching College) of Kpalimé:**

The artisanal centre of Kloto was founded in the late 1960s and is located in Kpalimé. This centre combines simultaneously the fabrication and the commercialisation of art objects and the formation of young trainees in these two sectors. One can found there a huge variety in artisanal articles: wooden sculptures, pottery, batik (impressions on fabric, T-shirts, „pagnes“, ...), and
macramé. It is the only public school that forms young people in the artisanal domain. The variety and the quality of the sculpture is surprising. One can find statues, coffrets, chairs and animals (elephants, gazelles, ...). Pottery is another speciality of the centre. Batik stained by hand and fabricated in a procedure with wax, can be found in the centre as well as fabric weaved with vivid colours by women. The so-weaved fabric shows traditional African motives of the life in villages and Togolese history.

There are other artisanal centres in the municipality of Kpalimé which would receive volunteers and trainees too, depending on their wishes and motivations.

**Mission of the volunteer**

- Assist the instructors of the centre in their daily routine with young trainees;
- Learn the techniques of the instructors and local artists. The presence of the volunteer/trainee encourages and stimulates simultaneously their creativity in several studios of the centre;
- Work with young trainees and artists while helping them to develop their creativity and talents.

The volunteers/trainees will be most of the time in studios. The different studios are:

- Pottery
- Sculpture with wood
- Tailoring (stylism and modelism) and hairdressing
- Manufacturing of jewelry (earrings, bracelets) with natural materials (shells, beads)
- Painting
- Manufacturing of batik

The volunteer is asked to show parts of typical handicraft of his/her country.

This project isn’t a full-time volunteering project: you can combine it with little dance or percussion courses in order to complete the discovery of Togolese Culture and all its art expressions.

**Required Qualification:**

Motivation, enthusiasm and interest in arts are sufficient to experience a fabulous stay.

**Period:** the whole year

**Location:** Kpalimé

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**L-MTVASTO 13: ASSISTANCE OF HELPLESS, DEPRIVED AND SICK PEOPLE AT THE MISSIONARIES OF CHARITY (Ste Mother Teresa of Calcutta)**

**Description**

To work in the Mother Teresa Centre of Calcutta, is a life-changing experience, an experience full of sense and unforgettable.

The objective of this Centre is to give love. What matters, it is not to make well, it is love which you put in every gesture.

It’s their mission in the world to serve the poorest of the poor in a wholehearted and free service in all they do; without distinctions of races, religions or else. The Missionaries of Charty, Mother Teresa Centre look after the sick, dying, abandoned and help the poorest of the society in all their different needs. In Togo, Kpalimé, among the many works they do, they have a very big home or
Centre which welcomes the poorest with HIV (AIDS), Tuberculosis or else sickness, whom they admit and give free service and help.
At the moment here are circa sixty (60) patients of different religions in that institution, 75 percent of them with HIV/Aids and around ten working people. Four sisters of the Ste Mother Teresa of Calcutta live and work there for the moment. They come from different places in the world. The provision with medicines and food is all for free. Only the poorest of the poor’s can come there to get a therapy.
The sisters and the workers of the centre are very flexible and supple in terms of organization of the activities. They really need volunteers.

The tasks of the volunteer in the project
The volunteer helps in for example in serving the meals, cleaning the rooms, peeling of vegetables or tubers, folding of the linen, cooking, washing or assisting in the medical field to the work of the nurses and sisters. Another activity is playing and talking with the patients. This can give a cultural exchange for both sides.
The aim of the institution is to help the patients so that they can provide themselves after their stay there. The ones who are able to do something help with cooking the meals and wash their clothes themselves.

Requirements for the project
No qualification and linguistic knowledge are required but motivation, commitment and love which the volunteer puts in every activity or of gesture.
The volunteer should not have problems with hard working and he or she should be flexible and honest and with social competence.
Special qualifications recommended: the patience and love to the disadvantaged people and the needy person

Period: the whole year

Location: Kpalimé